

Uitslag overzicht

Korte baan (25m)

|                      | Afstand/zwemslag | Pl.       | Tijd    | Ronde   | oude PR. | Versch. |            |
|----------------------|------------------|-----------|---------|---------|----------|---------|------------|
| Bulkmans Zoë         | 3-10-2006        | 200600746 |         |         |          |         | De Warande |
|                      | 50 vrije slag    |           | 38.43   |         | 37.58    | 96%     |            |
|                      | 100 vrije slag   | 5         | 1:20.25 |         | 1:18.52  | 96%     |            |
|                      | 50 rugslag       | 8         | 41.43   |         | 44.11    | 113%    | PR.        |
| Damen Thijn          | 24-9-2003        | 200300973 |         |         |          |         | De Warande |
|                      | 50 vrije slag    |           | 28.53   | F       | 27.87    | 95%     |            |
|                      | 50 vrije slag    |           | 30.15   |         | 27.87    | 85%     |            |
|                      | 100 vrije slag   | 3         | 59.05   | F       | 59.69    | 102%    | PR.        |
|                      | 100 vrije slag   |           | 1:03.50 |         | 59.69    | 88%     |            |
|                      | 200 vrije slag   |           | 2:12.44 |         | 2:09.52  | 96%     |            |
|                      | 400 vrije slag   | 1         | 4:29.35 |         | 4:32.55  | 102%    | PR.        |
|                      | 50 vlinderslag   |           | 32.78   |         | 31.16    | 90%     |            |
| 100 vlinderslag      | 4                | 1:15.02   |         | 1:08.75 | 84%      |         |            |
| van Dongen Ymke      | 7-7-2002         | 200202662 |         |         |          |         | De Warande |
|                      | 50 vrije slag    |           | 34.60   |         | 31.20    | 81%     |            |
|                      | 100 vrije slag   | 5         | 1:12.79 |         | 1:08.52  | 89%     |            |
|                      | 50 rugslag       | 5         | 39.82   |         | 38.31    | 93%     |            |
| van der Geld Melissa | 15-9-1995        | 199506250 |         |         |          |         | De Warande |
|                      | 50 rugslag       |           | 32.98   | F       | 30.95    | 88%     |            |
|                      | 50 rugslag       |           | 34.55   |         | 30.95    | 80%     |            |
|                      | 100 rugslag      | 1         | 1:07.91 | F       | 1:05.92  | 94%     |            |
|                      | 100 rugslag      |           | 1:11.70 |         | 1:05.92  | 85%     |            |
|                      | 200 rugslag      | 2         | 2:28.42 |         | 2:26.73  | 98%     |            |
| 50 vlinderslag       | 3                | 31.63     |         | 30.53   | 93%      |         |            |
| van Heeswijk Maaïke  | 20-4-2005        | 200500472 |         |         |          |         | De Warande |
|                      | 50 schoolslag    |           | 43.14   |         | 42.30    | 96%     |            |
|                      | 100 schoolslag   | 6         | 1:33.44 |         | 1:34.95  | 103%    | PR.        |
|                      | 50 vlinderslag   |           | 41.24   |         | 42.20    | 105%    | PR.        |
|                      | 200 wisselslag   | 9         | 3:02.96 |         | 3:10.05  | 108%    | PR.        |
| Koeman Bente         | 26-1-2005        | 200500900 |         |         |          |         | De Warande |
|                      | 50 schoolslag    |           | 42.87   |         | 41.07    | 92%     |            |
|                      | 100 schoolslag   | 5         | 1:31.92 |         | 1:32.78  | 102%    | PR.        |
|                      | 50 vlinderslag   |           | 40.36   |         | 46.19    | 131%    | PR.        |
|                      | 200 wisselslag   | 8         | 2:59.61 |         | 3:12.26  | 115%    | PR.        |
| Koot Elsemieke       | 20-5-2004        | 200404014 |         |         |          |         | De Warande |
|                      | 50 vrije slag    |           | 35.20   |         | 32.54    | 85%     |            |
|                      | 100 vrije slag   | 4         | 1:12.56 |         | 1:15.57  | 108%    | PR.        |
|                      | 50 rugslag       | 4         | 38.23   |         | 38.60    | 102%    | PR.        |
| van Strien Esmee     | 5-2-2004         | 200404142 |         |         |          |         | De Warande |
|                      | 50 vrije slag    |           | 35.17   |         | 31.88    | 82%     |            |
|                      | 100 vrije slag   | 5         | 1:12.56 |         | 1:15.27  | 108%    | PR.        |
|                      | 50 rugslag       | 6         | 40.57   |         | 40.07    | 98%     |            |
| Verhulst Thijs       | 10-8-2005        | 200503447 |         |         |          |         | De Warande |
|                      | 50 vrije slag    | 6         | 32.76   |         | 34.79    | 113%    | PR.        |
|                      | 50 vrije slag    |           | 37.34   |         | 34.79    | 87%     |            |
|                      | 100 vrije slag   |           | 1:19.27 |         | 1:13.91  | 87%     |            |
|                      | 200 vrije slag   |           | 2:46.91 |         | 2:40.90  | 93%     |            |
|                      | 400 vrije slag   | 1         | 5:44.89 |         | 6:08.73  | 114%    | PR.        |
| de Waard Meike       | 16-5-2007        | 200702380 |         |         |          |         | De Warande |
|                      | 50 vrije slag    |           | 39.81   |         | 38.71    | 95%     |            |
|                      | 100 vrije slag   | 10        | 1:25.43 |         | 1:27.45  | 105%    | PR.        |
|                      | 50 rugslag       | 11        | 47.77   |         | 50.13    | 110%    | PR.        |

Totaal 42 persoonlijke uitslag, Gemiddelde prestatie: 97,3%

0 nieuw(e) record(s), 16 nieuw(e) persoonlijke record(s)

Grootste verbetering: Koeman Bente, 50 vlinderslag 40.36